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20.4.2 Perceived social support

Project Name: proGIreg (Grant Agreement no. 776528)

Author/s and affiliations: Giuseppina Spano¹, Yole de Bellis¹, Giovanni Sanesi¹

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Perceived social support		Health and Wellbeing Social Justice and Social Cohesion	
Description and justification	Empirical evidences showed that supportive social groups and effective and helpful social networks are associated with a good mental and physical health. This indicator is measured in the neighbourhood context since a perception of high social support fosters social inclusion and justice.		
Definition	Perception of various	ways in which individuals aid others.	
Strengths and weaknesses	ů .	neasurement tool; easy to assess. al biases in self-reported data.	
Measurement procedure and tool	social support and a neighborhood. Partici	ined using a 8-point scale on general 6-point scale on social support in the pants are required to complete the er the NBS implementation.	
Scale of measurement	General population in	residential neighbourhoods	
Data source			
Required data	Questionnaire data		
Data input type	Continuous variables		
Data collection frequency		ne implementation of the nature-based and once after (follow-up).	

Level of expertise required	Low	
Synergies with other indicators	This indicator is related to other indicators on socio-cultural inclusiveness and to indicators on mental health.	
Connection with SDGs	 Good health and wellbeing Reduced inequalities Sustainable cities and communities Peace, justice and strong institutions 	
Opportunities for participatory data collection	The questionnaires can be both self-reported and administrable in an interview method.	
Additional information		
References	Pearson, J. E. (1986). The definition and measurement of social support. Journal of Counseling & Development.	

20.5 Perceived social cohesion

Project Name: proGIreg (Grant Agreement no. 776528)

Author/s and affiliations: Giuseppina Spano¹, Yole de Bellis¹, Giovanni Sanesi¹

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Perceived social cohesion		Social Justice and Social Cohesion	
Description and justification	Social cohesion is strongly related to social equality and social inclusion. This indicator measure the degree of trust that the individual has towards other people, and in particular towards his / her neighbourhood.		
Definition		icates the set of behaviors and bonds of ty between individuals or groups	
Strengths and weaknesses	-	measurement tool; easy to assess.	
Measurement procedure and tool	social support and neighborhood. Part	tained using a 8-point scale on general a 6-point scale on social support in the icipants are required to complete the offer the NBS implementation.	
Scale of measurement	General population	in residential neighbourhoods	
Data source			
Required data	Questionnaire data		
Data input type	Continuous variable	es	